



# Male Patient Instructions for Clean Catch Urine Collection

1. Wash hands with soap and water.
2. Unscrew the orange cap.
3. Place orange cap on counter top side down. Do not touch inside of cap.



4. Open the towelette package.
5. Cleanse the end of the penis with the one towelette.
6. Begin at the urethral opening and work away from it. Uncircumcised male: Foreskin must be retracted.
7. Repeat using the second towelette.
8. Urinate the first portion of urine in the toilet.
9. As you continue to urinate, bring the collection cup into the midstream to collect the urine sample.
10. Do not touch the inside or lip of the cup.
11. Urinate remainder of urine into the toilet.
12. Replace the orange cap onto Urine Collection Cup.
13. Return the sample to the healthcare worker.